

6<sup>th</sup>

# NORDIC-BALTIC-DUTCH BARIATRIC MEETING

15–17 June 2022 | Vilnius | Lithuania



INVITED SPEAKERS:

**Prof. Philip R. Schauer (USA)**  
**Prof. Carel le Roux (Ireland)**

<http://www.nordic-baltic-bariatrics.lt/>

Dear Friends and Colleagues,

To plan a scientific meeting during the COVID-19 pandemic is a challenging task. The European countries are leaving lockdown one after another, but the wave of coronavirus infections is rising in the other parts of the world. The 6<sup>th</sup> biannual Nordic-Baltic-Dutch bariatric meeting is planned on 15<sup>th</sup>-17<sup>th</sup> of June, 2022 in Vilnius, the capital of Lithuania. This is the first time in the history of these meetings that we will invite our Scandinavian and Dutch colleagues to visit one of the Baltic countries. During the period of thirty years after separation from Soviet Union, Baltic countries (Estonia, Latvia and Lithuania) became modern, progressive societies highly dependent on innovation and science. This could be illustrated by the fact that one of the major sponsors of our meeting together with the industry will be Vilnius city municipality. The conference venue is located in the very centre of Vilnius, modern and vibrant city, with rich history, UNESCO World Heritage listed Old Town, quaint cobblestone streets and luscious parks. The program of the meeting will include keynote lectures of the experts from our region and beyond, eHealth and young scientist session, reports from Registry studies and extensive networking which has become an essential watermark of these meetings. Join us and participate in the discussions, accumulate and share knowledge in the atmosphere of openness, and experience Lithuanian hospitality.

**Prof. Almantas Maleckas**

On behalf of the Organizing Committee

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## ORGANIZING COMMITTEE:



Almantas Maleckas (Baltic countries)



Andrea Karen Floyd (Denmark)



Jon A. Kristinsson (Norway)



Paulina Salminen (Finland)



Magnus Sundbom (Sweden)



Hjortur Gislason (Iceland)



Simon Nienhuijs (Netherlands)

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## VENUE:

Radisson Blu Hotel Lietuva (Konstitucijos Ave. 20, Vilnius)

**EVENT WEBSITE:** <http://www.nordic-baltic-bariatrics.lt/>

## REGISTRATION:

All fees are requested in Euro. Registration will be processed only if accompanied by total payment.

REGISTRATION FEES – VAT 21% INCLUDED.

Registration will be open from 17th January, 2022

	UNTIL JUNE 2	Onsite
REGULAR FEE	300 EUR	400 EUR

## REGISTRATION FEE INCLUDES:

- Conference material
- Unlimited access to all scientific sessions
- Access to the exhibition
- Certificate
- Lunches
- Social program
- Coffee breaks

## ACCOMMODATION:

A block of rooms has been reserved at the conference venue by Meeting Secretariat.

Single room – 85 eur / night.

Room fee includes: breakfast.

## MEETING SECRETARIAT:

CREATIVA

+370 603 78930

[info@creativa.lt](mailto:info@creativa.lt)

[www.creativa.lt](http://www.creativa.lt)

## SCIENTIFIC PROGRAM

**Wednesday 15<sup>th</sup> June 2022**

Registration from 18:00 in the hotel and congress center

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18:00 – 22:00	Registration in Conference center lobby
18:30 – 22:00	Welcome ceremony: Tapas and networking

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## **DAY 1 \_\_\_\_\_ Thursday 16<sup>th</sup> June 2021**

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**08:00**                      **Registration and exhibition**

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**09:00**                      **Opening of the meeting.** Almantas Maleckas, Lithuanian University of Health Sciences Hospital, Lithuania

**09:05 – 11:30**          **SESSION I: T2DM and metabolic surgery**

**Chair: Almantas Maleckas (Lithuania), Paulina Salminen (Finland)**

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09:05 – 10:15          Bariatric surgery status from the organizing countries (7+3 min): Denmark, Sweden, Norway, Island, Finland, Netherlands, Baltic countries

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10:15 – 11:00          Keynote lecture: T2DM remission after metabolic surgery. Philip R. Schauer, Cleveland Clinic, USA

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11:00 – 11:30          When do we treat T2DM with metabolic surgery? Internist point of view. Carel LeRoux, University College Dublin, Ireland

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**11:30 – 12:30**          **Lunch and exhibition**

**12:30 – 14:15**          **SESSION II: Complications after bariatric surgery**

**Chair: Oleg Kozlovskis (Latvia), Andrea Karen Floyd (Denmark)**

**Panel experts: Philip R. Schauer, Tom Mala, Paulina Salminen, Hjörtur Gislason, Torsten Olbers, Magnus Sundbom**

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12:30 – 12:55          GERD and Barrett's – are they a long-term problem after bariatric surgery? Paulina Salminen, Turku University Hospital, Finland

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12:55 – 13:20          Long-term complications after LRYGB. Tom Mala, Oslo University Hospital, Norway

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13:20 – 13:45          Reversal after LRYGB – when and why? Hjörtur Gislason Aleris Hospital, Norway

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13:45 – 14:15          Panel and participant discussion: Optimal procedure selection – a balance between target and adverse outcome

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**14:15 – 14:45**          **Coffee and exhibition**

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14:45 – 17:00	<b>SESSION III: Weight regain</b> <b>Chair: Toomas Siilakivi (Estonia), Jon A. Kristinsson (Norway)</b>
14:45 – 15:10	After LRYGB: distalization after LRYGB for weight regain. Hjörtur Gislason Aleris Hospital, Norway
15:10 – 15:35	Weight regain after LSG: what is the optimal revisional procedure? Philip R. Schauer, Cleveland Clinic, USA
15:35 – 16:00	Individual variation in response to standardized bariatric procedures. Torsten Olbers, Linköping University Hospital, Sweden
16:00 – 16:25	Weight regain treatment options: Medicine + surgery, not medicine vs. surgery. Carel LeRoux, University College Dublin, Ireland
16:25 – 17:00	Discussion
<b>19:00</b>	<b>Dinner</b>

## **DAY 2 \_\_\_\_\_ Friday 17<sup>th</sup> June 2022**

08:30 – 10:50	<b>SESSION IV: Back to the future: eHealth, future technologies, and future knowledge</b> <b>Chair: Simon Nienhuijs (Netherlands), Paulina Salminen (Finland)</b>
08:30 – 08:55	eHealth and future technologies. Simon Nienhuijs, Catharina Hospital, Netherlands
08:55 – 10:25	Young researcher session from all participating countries (6+3 minutes): Denmark, Sweden, Norway, Iceland, Finland, Estonia, Latvia, Lithuania, and Netherlands
10:25 – 10:50	Bariatlink: Learning from sharing surgical experience and knowledge. Bruno Dillemans, Belgium
<b>10:50 – 11:15</b>	<b>Coffee and exhibition</b>
11:15 – 12:45	<b>Session V: Nationwide quality registries</b> <b>Chair: Magnus Sundbom (Sweden), Hjortur Gislason (Iceland)</b>
11:15 – 11:40	Sweden. Magnus Sundbom, Uppsala University Hospital, Sweden
11:40 – 12:05	Netherlands. Ronald Liem, Groene Hart Hospital, Netherlands
12:05 – 12:30	Norway. Villy Våge, Haralds plass Deaconess University Hospital
<b>12:30 – 12:45</b>	<b>Feedback and closing remarks</b>
<b>12:45</b>	<b>Lunch</b>